

**Director**  
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**Locations**  
Falls Church & Herndon VA  
  
FB: GoodBeginningsTherapy  
IG: @gbtherapy  
LI: Good Beginnings

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**A Pediatric Occupational and Physical Therapy Practice**

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**COVID HEALTH CONTRACT**

In order to conduct home visits or face to face therapy services in the clinic, I agree to the following:

- I have read the detailed summary regarding all new procedures that is listed below.
- I can answer “NO” to all of the screening questions listed in the detailed summary regarding all new procedures that were emailed to me prior to this appointment and is on the reverse side of this notice.
- My child and I will complete a touch-free temperature prior to the start of the therapy session. If either temperature is above 100.4 degrees, the session will be rescheduled.
- I will provide a mask for myself and my child age three and older to wear while in the home, office building and/or the Good Beginnings suite. Lack of a mask may result in my session being cancelled.
- If this is my first appointment/evaluation at the clinic, I will bring only one parent and meet the therapist at my appointment time at the assigned Good Beginnings office door (noted in the confirmation email). If absolutely necessary for treatment or home programming, two adults are allowed at a session.
- I understand the waiting room is closed and I will meet my therapist at the assigned door for drop off and pick up. My therapist and I will determine the best way to share information prior to and after the session.
- I will stay on the premises to be available for immediate concerns such as toileting, child becomes ill, etc. I will be available by phone call/text during the duration of the therapy session. This may involve waiting outdoors/in my car, as waiting in the hallways is prohibited by the building management.
- I will only participate in my child’s treatment session if necessary for the success of the session, to assist with limiting the number of persons in the clinic.
- Anyone attending the session (including clients and caregivers) should wash their hands in the hall bathroom prior to coming to therapy. All who enter the suite must use hand sanitizer upon arrival.
- I understand that my therapist will complete their own temperature and health screening prior to coming to work each day and will reschedule my appointment if any concerns arise. My therapist will wear personal protective equipment including but not limited to masks and face shields. My therapist will follow the cleaning protocols recommended by the CDC for every session.
- In the event that the therapists and/or client falls ill following therapy sessions, neither party will be held liable or responsible for the illness, including Covid-19.

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**Screening Questions:** You and your child will be asked the following screening questions with potential for triage before every session:

- Does anyone in your family have symptoms that could be related to COVID-19 or any new illnesses that could also be COVID related?
- If you traveled out of the DC Metro area within the last 7 days, did everyone in your party follow CDC travel protocol?  
Domestic Travel During COVID-19 | CDC
  - If your child is under 3 and cannot or is not recommended to wear a mask, your therapist may add additional protective equipment as necessary.
  - Has your child traveled outside the country within the last 14 days? If yes, you will need to show a negative COVID test or move to teletherapy for 14 days
- Has your child or family participated in any non-masked indoor gatherings with non-vaccinated adults from outside your household, pod, or bubble in the last 14 days? If so, describe:"
  - a. The following are generally exempt: Eating at a restaurant with immediate family, going to school or daycare, doctors or therapy visits.
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-You and your child, and your therapist will have a touchless temperature reading taken prior to entering the suite or a therapist entering the home. Any temperature higher than 100.4 degrees will result in the visit being rescheduled.

### CLINIC ARRIVAL/DEPARTURE PROTOCOL:

Falls Church Only one adult will be allowed in our building with their child at any time. We have three numbered doors to separate families as they arrive. Please wait at the door with your therapist's picture at it. The doors are locked; your therapist will pick you up at your appointment time.

Herndon Only one adult will be allowed in our space with their child at any time. The vestibule door is unlocked, but the door to our suite is locked. Your therapist will come meet you at the door.

Masks are required for anyone age 3 and older to enter our suite. We require children over the age of three wear a mask. If there is a medical reason a mask cannot be worn, we require a medical note from your doctor

Please note our buildings to not allow us to have families wait in the hallway for extended periods of time. We ask that you arrive only 2-3 minutes prior to the dropoff/pickup time for either office.

Please confirm the phone number the therapist can access you throughout the session in case of emergency or status change.

**During the Session:** Social distancing will be maintained during all treatments. If a room is too small for social distancing to occur, it will be limited to one therapist/child/parent. We are asking parents to only stay in the treatment area with your child if necessary for the success of the session.

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**Clinic Pick Up Protocol:** Please return to the assigned door at exactly the pick-up time so that the door is free for the next client. Pick-up time will be told to you by your therapist. Your therapist will bring your child to you and confirm any information necessary.

**Precautions, Cleaning, and Disinfecting:** All therapeutic areas will continue to be sanitized per protocol; All highly touched common areas will be sanitized routinely. If a therapist is coming to your home, it is expected that you will provide a designated area to work, access to a sink with paper towels for hand-washing.

Therapists will be required to wear a face mask and may also wear a clear face shield if indicated. Therapists will wash their hands at the beginning of and end of each session. They are encouraged to wash their hands as necessary throughout the session, and gloves will be available for when indicated.

**\*\*Any patient with a compromised immune system or other high-risk conditions will be encouraged to speak with their physician and therapist for proper guidance as to whether it is recommended to attend in-clinic therapy, utilize tele-therapy, or postpone treatment to a later date.\*\***

**\*\* Updated June 16 2021**