



How to Play BINGO:

- 1. Read the BINGO card and get excited for all the things your child will learn to do this year!**
- 2. Mark off any things your child is already doing using a small sticker, tick mark, highlighter, etc.**
- 3. Identify themes/characters/activities that already motivates your child to move his/her body. (i.e. transportation, dinosaurs, super heroes, etc.)**
- 4. As you play with your child, you will naturally notice the new things he/she is doing. Enjoy checking these boxes off on the BINGO card!**
- 5. Enjoy getting BINGO across, down, diagonal, 4-corners or full card BINGO as the year progresses.**

Remember, this is meant to be FUN for the whole family! Enjoy watching your children grow and reach different goals. Do NOT go out of your way to be the instructor.

BE A PARENT! LET YOUR KIDS BE KIDS! ENJOY THE RIDE!

If at any point you do have concerns, we are always here to help- just reach out! We have many FREE resources on our website and a variety of FREE parent talks throughout the year.

www.gbtherapy.org

GOOD BEGINNINGS BINGO[©]

What will your five year old learn this year?

Gross Motor	Fine and Visual Motor	Social/ Regulation	Language/ Communication
Gallop at least 8 feet	Cut out a triangle smoothly	Follow a daily routine	Follow a simple conversation
Skip at least 8 feet	Use "dynamic tripod grasp" (adult pattern)	Follow personal space expectations	Adults understand everything they say
Hop on one foot 10 times	Copy a simple sentence	Transition well between activities	Answer questions about their day
3 jumping jacks	Write alphabet and numbers 1-10 by themselves	Follow visual cues (timer, etc.)	Identify rhyming words

