



# How to Play BINGO:

- 1. Read the BINGO card and get excited for all the things your child will learn to do this year!**
- 2. Mark off any things your child is already doing using a small sticker, tick mark, highlighter, etc.**
- 3. Identify themes/characters/activities that already motivates your child to move his/her body. (i.e. transportation, dinosaurs, super heroes, etc.)**
- 4. As you play with your child, you will naturally notice the new things he/she is doing. Enjoy checking these boxes off on the BINGO card!**
- 5. Enjoy getting BINGO across, down, diagonal, 4-corners or full card BINGO as the year progresses.**

**Remember, this is meant to be FUN for the whole family! Enjoy watching your children grow and reach different goals. Do NOT go out of your way to be the instructor.**

**BE A PARENT! LET YOUR KIDS BE KIDS! ENJOY THE RIDE!**

If at any point you do have concerns, we are always here to help- just reach out! We have many FREE resources on our website and a variety of FREE parent talks throughout the year.

[www.gbtherapy.org](http://www.gbtherapy.org)

# GOOD BEGINNINGS BINGO © 2024

Baby Bingo! What will your baby learn from  
4 to 6 months?

Gross Motor

Fine and  
Visual  
Motor

Social/  
Regulation

Language  
Communication

Roll from  
tummy <->  
back

Reach arms  
straight out  
to touch a  
toy when on  
back

Know  
familiar  
people

Make  
sounds like  
"ooh" and  
"aah"

Push in a  
circle when  
on their  
tummy

Bang an  
object on a  
surface while  
on tummy

Like to look  
at self in a  
mirror

Take turns  
making  
sounds with  
you

Can sit  
leaning on  
hands for  
support  
(tripod)

Hold a small  
toy with both  
hands

Laugh

Blow  
raspberries

Sit without  
support for  
30 seconds

Shake a  
rattle

Try to copy  
your facial  
expressions  
and  
emotions

Make  
squealing  
noises

Good Beginnings  
A pediatric OT & PT  
practice in Northern VA



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703.536.1817, ext. 1