



How to Play BINGO:

- 1. Read the BINGO card and get excited for all the things your child will learn to do this year!**
- 2. Mark off any things your child is already doing using a small sticker, tick mark, highlighter, etc.**
- 3. Identify themes/characters/activities that already motivates your child to move his/her body. (i.e. transportation, dinosaurs, super heroes, etc.)**
- 4. As you play with your child, you will naturally notice the new things he/she is doing. Enjoy checking these boxes off on the BINGO card!**
- 5. Enjoy getting BINGO across, down, diagonal, 4-corners or full card BINGO as the year progresses.**

Remember, this is meant to be FUN for the whole family! Enjoy watching your children grow and reach different goals. Do NOT go out of your way to be the instructor.

BE A PARENT! LET YOUR KIDS BE KIDS! ENJOY THE RIDE!

If at any point you do have concerns, we are always here to help- just reach out! We have many FREE resources on our website and a variety of FREE parent talks throughout the year.

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GOOD BEGINNINGS BINGO © 2024

Baby Bingo! What will your baby learn in their first 4 months?

Gross Motor	Fine and Visual Motor	Social/ Regulation	Language/ Communication
Bring hands and feet together (midline orientation)	Hold your finger in their hand	Calm down when spoken to or picked up	Make sounds other than crying
Sphinx pose—pushes onto elbows when on tummy	Open hand briefly	Look at your face	React to loud sounds
Swing arm at toys	Hold a toy when you put it in their hand	Seem happy when you walk up to them	Turn towards the sound of your voice
Push up with straight arms when on tummy	Use eyes to follow a toy	Smile when you talk to or smile at them	Makes sounds when you talk to them

