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**Locations**  
Falls Church & Herndon VA

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## A Pediatric Occupational and Physical Therapy Practice

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### Terms & Conditions for SMS Messaging

**Effective Date:** January 1, 2025

#### 1. Overview

Good Beginnings ("we," "us," or "our") provides SMS notifications and updates related to our services. By opting into our SMS messaging service, you agree to receive text messages about appointment reminders, scheduling updates, service notifications, and other relevant information.

#### 2. Message Frequency & Fees

By subscribing to our SMS messaging service, you may receive up to 10 messages per month.

- **Message & data rates may apply.** Standard carrier charges may be incurred for both sent and received messages.
- If you have questions regarding your mobile plan, please contact your wireless provider.

#### 3. Opt-Out & Cancellation

You can cancel the SMS service at any time by texting **"STOP"** to the message or to 703-536-1817.

- After sending "STOP," we will send you a confirmation message to confirm your unsubscription.
- You will no longer receive SMS messages from us unless you opt in again.

#### 4. Help & Support

If you are experiencing issues or need assistance, you can reply with the keyword **"HELP"** for more information or contact us directly at [info@gbtherapy.org](mailto:info@gbtherapy.org).

#### 5. Message Delivery & Liability

- Message delivery is subject to your mobile carrier's network coverage.
- **Carriers are not liable for delayed or undelivered messages.**

#### 6. Privacy & Data Security

Your privacy is important to us. For more information on how we collect, use, and protect your data, please review our privacy policy at [HERE](#).

By opting into our SMS messaging service, you agree to these Terms and Conditions. If you do not agree, please do not subscribe or opt in to SMS communications from us.

## **7. Terms and Conditions for SMS**

By providing your mobile number, you agree to receive text messages from Good Beginnings regarding appointment reminders, scheduling updates, therapy session notifications, general information about therapy services, office closures, and other relevant administrative communications related to a child's occupational or physical therapy. Message frequency varies based on communication needs. Message & data rates apply. No mobile information will be shared with third parties. You can reply STOP to unsubscribe at any time or HELP for assistance. You can visit our website to check our Privacy Policy and Terms & Conditions.